

# Healthy You <sup>FOR KIDS!</sup>



SPRING/SUMMER  
NEWSLETTER 2024

Water Safety  
Tips for Fun  
in the Sun

page 3

Your Child's  
Milestones  
Matter

page 4

Fraud, Waste &  
Abuse (FWA)  
Word Search

page 7

# TABLE OF CONTENTS

## Health Partners Plans Benefits

- 2 Boost Your Family's Health and Budget
- 3 Free Fitness Center Memberships for Your Child

## Healthy Living

- 3 Water Safety Tips for Fun in the Sun
- 3 Why Are Dental Visits Important?
- 4 Your Child's Milestones Matter

## Pharmacy Corner

- 5 Prescription Coverage Made Easy

## Member Resources

- 6 Don't Risk Losing Your Child's Coverage
- 6 Learn More About Your Child's Health Plan
- 7 A Word about Fraud, Waste and Abuse

# Boost Your Family's Health and Budget

As a KidzPartners member, your child has access to rewards and benefits to get and stay healthy. Eligible members can receive gift cards for completing the following activities:

Category	Activity	You'll Earn
<b>Well-Child Visit</b> (members ages 12-18)	Complete an annual well-child visit	\$25
<b>Lead Screening</b> (members up to 2 years old)	Complete an annual lead screening	\$20
<b>Dental Care</b> (ages 0-19)	Complete an annual dental exam	\$20
<b>Prenatal Visit</b>	Complete a prenatal visit within the first trimester of pregnancy or within 42 days of enrollment with KidzPartners	\$25
<b>Postpartum Visit</b>	Complete a postpartum visit 7–84 days after delivery either in person or telehealth with your doctor, or a home visit with a nurse	\$25
<b>Well-Child Visit</b> (newborns)	Complete a well-child visit within 30 days of your baby's date of birth	\$25

Rewards are available on a prepaid debit card. Rewards can only be earned once for each activity during the calendar year. Some terms and conditions may apply. Rewards are subject to change. You cannot use your card to purchase alcohol, lottery, tobacco or firearms. Rewards may not be converted to cash. Reward cards expire 6 months from the time they are received.

# Water Safety Tips for Fun in the Sun

With summer just around the corner, pool and beach days will be here before you know it! When enjoying a dip in the pool with your child, remember to keep these water safety tips in mind:

- Apply sunscreen on your child 30 minutes before going outdoors. Reapply after swimming, as sunscreen wears off.
- Make sure an adult is closely watching children when playing in or near water.
- Swimming lessons can reduce the risk of drowning, but even children who have had lessons should still be watched closely.
- Children should always wear a life jacket while in or around natural water. Younger children or children who are weaker swimmers should also wear life jackets or arm floaties in the pool.
- Avoid drinking alcohol, using marijuana or any other distractions while watching children.

For more information on water safety and drowning prevention, check out these tips and resources from the Centers for Disease Control and Prevention (CDC): [www.cdc.gov/drowning/prevention/](http://www.cdc.gov/drowning/prevention/).



## Free Fitness Center Membership for Your Child

To help your child stay healthy, we will cover the cost of his/her fitness center membership! Your child can join a gym or fitness center at no cost to you. To find a participating center near you, please visit [HPPlans.com/KidsFitness](http://HPPlans.com/KidsFitness).



## Why Are Dental Visits Important?

Dental cavities are the most common childhood disease. According to the CDC, children who have untreated cavities miss more school days and get lower grades than children who don't. That's why starting early with regular dental visits can help children have the best start to a healthy mouth and overall well-being.

*Continued on next page.*

## HEALTHY LIVING

*Continued from previous page.*

Regular dental check-ups help identify problems early before they become harder to manage. In addition to regular exams, preventive treatments like fluoride and dental sealants can lower the risk of your child getting tooth decay.

Your child's health plan has comprehensive dental benefits that cover\*:

- Dental exams, X-rays and cleanings twice a year
- Fluoride treatments up to 6 times a year
- Sealants for all permanent back teeth
- Fillings
- Extractions
- Crowns
- Braces

\*Some services require a prior authorization



Your child's oral health is an important part of their ability to live their healthiest life. Regular dental visits can help promote a lifetime of healthy habits.

Contact Member Relations at **1-888-888-1211 (TTY 1-877-454-8477)** if you need help finding a dentist for your child.

## Your Child's Milestones Matter

Your child's first step, first smile and first wave are all examples of developmental milestones. From your child's birth to their fifth birthday, your child should reach milestones in how they play, learn, speak, act and move.

The CDC has a free program called "Learn the Signs. Act Early." available at [www.cdc.gov/ncbddd/actearly/](http://www.cdc.gov/ncbddd/actearly/). This program offers many tools including checklists and a Milestone Tracker App to help you track your child's milestones from 2 months to 5 years.

You know your child better than anyone. If you notice that your child is missing key milestones for their age or if you have concerns about their development, it's important to act early. Speak with your child's doctor to share your concerns and ask about developmental screenings.



# Prescription Coverage Made Easy

## Find a Medication

You can view our prescription drug formulary and see what medicines are covered for your child, as well as any restrictions, on [HPPlans.com](https://www.hppplans.com).

Visit [HPPlans.com/KPformulary](https://www.hppplans.com/KPformulary) to learn more about your pharmacy benefits. These resources include the formulary, restrictions, prior authorizations, quantity, age limits and more. You can also learn about generic substitutions, step therapy protocols and overall use of the pharmacy benefit.

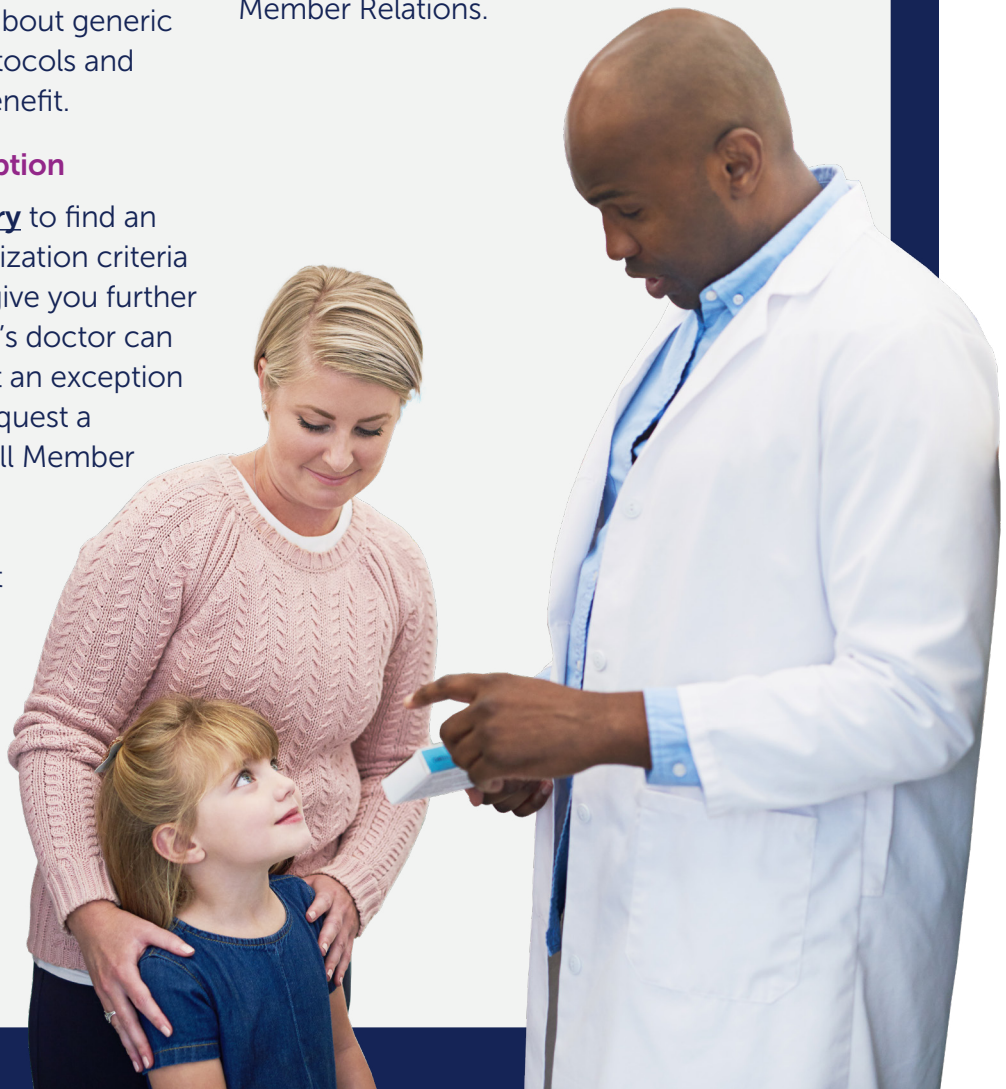
## Requesting a Formulary Exception

Visit [HPPlans.com/KPformulary](https://www.hppplans.com/KPformulary) to find an explanation of the prior authorization criteria and formulary limits. This will give you further information on how your child's doctor can provide information to support an exception request. If you would like to request a formulary exception, please call Member Relations at **1-888-888-1211 (TTY 1-877-454-8477)** or visit [HPPlans.com/Portal](https://www.hppplans.com/Portal) to submit the request electronically.



## Find a Pharmacy

You can use our online directory at [HPPlans.com/KPdocs](https://www.hppplans.com/KPdocs) to find an in-network pharmacy near you. You can narrow your search by entering a zip code into the zip code box at the top of the page, but you must still use the "Go" button next to the search box to receive the appropriate results. If you need further help, please call Member Relations.



# Don't Risk Losing Your Child's Coverage

As a reminder, you are required to renew your child's CHIP coverage every year. You should have received a renewal packet in the mail from the Pennsylvania Department of Human Services (DHS). You need to complete and return the form by the due date listed in your renewal packet.

**To learn more or to check your renewal information:**

- Visit [dhs.pa.gov/COMPASS](https://dhs.pa.gov/COMPASS)
- Download the myCOMPASS PA mobile app
- Call 1-866-550-4355
- Visit your local county assistance office



# Get to Know Your Child's Health Plan

View your child's member handbook from KidzPartners for more information on:

- What benefits are and are not covered
- Access to medical care including after hours, urgent and emergency care
- Case management and care coordination services
- Pharmacy drug lists, updates and how to ask for an exception if your child's prescription is not on our covered drug list
- The online provider directory tool to search for providers, specialists and hospitals in your child's plan, including how your child can get care outside of the plan
- Your child's member rights and responsibilities and our Notice of Privacy Practices
- Utilization Management (UM) and preapprovals of care
- Updates on new medical treatments, health procedures and policies
- Services that may require copayments
- How to file a complaint or appeal, or request an external review
- Membership needs and evidence based clinical practice guidelines for physical health topics/treatment of disease
- How to get help in a language other than English



Member Handbook

**You can read and download your Member Handbook online at [HPPlans.com/KPhandbook](https://HPPlans.com/KPhandbook). If you have any questions, please call Member Relations at 1-888-888-1211 (TTY 1-877-454-8477).**



# A Word about Fraud, Waste and Abuse

As a valued KidzPartners member, we want to make sure your benefits are used efficiently and securely. Unfortunately, fraud, waste or abuse can happen if someone tries to steal your personal information or submit fraudulent claims.

P	R	R	H	O	T	L	I	N	E	L	Y	W	A
A	V	A	L	U	E	L	S	Y	O	T	E	A	N
Y	T	I	N	O	N	L	I	N	E	C	E	S	O
M	E	D	I	S	N	T	E	F	I	O	T	T	N
E	T	P	D	N	A	E	N	V	O	O	D	E	Y
N	S	F	C	M	T	U	R	D	C	P	O	I	M
T	O	C	A	I	D	E	E	S	P	I	C	W	O
U	E	O	R	S	S	N	T	H	E	F	T	O	U
O	S	U	D	U	A	R	F	C	N	I	O	T	S
O	U	S	R	S	R	E	P	O	R	T	R	I	L
I	B	I	M	E	A	A	E	M	A	I	L	B	Y
E	A	N	F	E	T	U	E	I	A	T	M	V	A
U	N	N	E	C	E	S	S	A	R	Y	C	E	T
F	A	L	S	E	I	A	D	S	C	Y	E	T	E

Find the underlined words in the word search to learn more about fraud, waste and abuse:

Fraud is when someone purposely deceives others to get a payment or service, or something of value, to which they are not entitled. An example of this could be if a person lends their cousin their ID card so that they can go to the doctor. This is actually considered a crime, as a medical appointment is something valuable.

Waste is a type of misuse which results in unnecessary spending. An example of this could be if a doctor continues to prescribe a medication without checking to see if their patient still needs it.

Abuse is an action which results in unnecessary costs to federally funded (including state funded) programs. An example of this could be when someone uses work-provided equipment for their own personal use. This can actually be theft.

If you suspect that a provider or anyone else may be committing fraud, waste or abuse, there are several ways which you can report false claims.

Reports can be made anonymously (without giving your name). To report fraud, waste or abuse:



Call our hotline: **1-866-477-4848**



Report online: <https://www.mycompliancereport.com/report?cid=JEFF>



Email us at [SIUtips@hpplans.com](mailto:SIUt看tips@hpplans.com)

Reports can also be made directly to the Pennsylvania Department of Human Services at **1-844-DHS-TIPS**.

SPRING/SUMMER  
NEWSLETTER 2024

Healthy You <sup>FOR KIDS!</sup>



**Website:** [HPPlans.com](https://www.HPPlans.com)

**Member Relations:** 1-888-888-1211  
(TTY 1-877-454-8477)

**Member Portal:** [HPPlans.com/Portal](https://www.HPPlans.com/Portal)

**KidzPartners Member Handbook:**  
[HPPlans.com/KPhandbook](https://www.HPPlans.com/KPhandbook)

 [Jefferson Health Plans](https://www.facebook.com/jeffersonhealthplans)

 [@jeffersonhealthplans](https://www.instagram.com/jeffersonhealthplans)



KidzPartners complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex gender, gender identity or expression, or sexual orientation.

**ATTENTION:** If you speak a language other than English, language assistance services, free of charge, are available to you. Call: 1-888-888-1211 (TTY 1-877-454-8477).

**ATENCIÓN:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-888-1211 (TTY 1-877-454-8477).

**ВНИМАНИЕ:** Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-888-1211 (телетайп 1-877-454-8477).